

Insurance Company	Theraplatform Insurer Name	Service Type	In Office Service Code	Telehealth Service Code	Notes
AARP	Optum United Health Behavioral Solutions	Initial Assessment	New Client - Initial Appointment	New Client - Initial Appointment	
		Individual Couples/Family Crisis Counseling	Individual Counseling Couples/Family Counseling Crisis Counseling	Individual Counseling Couples/Family Counseling Crisis Counseling	
		Additional 30 Minutes	Crisis Counseling - Additional 30 Minutes	Crisis Counseling - Additional 30 Minutes	
Aetna	Aetna	Initial Assessment	New Client - Initial Appointment	{AETNA TELEHEALTH} New Client -Initial Appointment	
		Individual	Individual Counseling	{AETNA TELEHEALTH} Individual Counseling	
		Couples/Family	Couples/Family Counseling	{AETNA TELEHEALTH} Couples/Family Counseling	
		Crisis Counseling	Crisis Counseling	{AETNA TELEHEALTH} Crisis Counseling	
		Additional 30 Minutes	Crisis Counseling - Additional 30 Minutes	{AETNA TELEHEALTH} Crisis Counseling - Additional 30 Minutes	
	EAP	Aetna EAP	Aetna EAP	Requires prior authorization - provider must track authorization usage	
AllOne Health	OTHER	EAP	AllOne Health EAP	AllOne Health EAP	Requires prior authorization - provider must track authorization usage
AllSavers	United Healthcare All Savers Insurance	Initial Assessment	New Client - Initial Appointment	New Client - Initial Appointment	
		Individual Couples/Family Crisis Counseling	Individual Counseling Couples/Family Counseling Crisis Counseling	Individual Counseling Couples/Family Counseling Crisis Counseling	
		Additional 30 Minutes	Crisis Counseling - Additional 30 Minutes	Crisis Counseling - Additional 30 Minutes	
BHS	OTHER	EAP	BHS EAP	BHS EAP	Requires prior authorization - provider must track authorization usage
Carebridge	OTHER	EAP	Carebridge EAP	Carebridge EAP	Requires prior authorization - provider must track authorization usage
Cigna Behavioral Health	Cigna Behavioral Health	Initial Assessment	New Client - Initial Appointment	New Client - Initial Appointment	
		Individual Couples/Family Crisis Counseling	Individual Counseling Couples/Family Counseling Crisis Counseling	Individual Counseling Couples/Family Counseling Crisis Counseling	Appointments 60 - 75 minutes
		Additional 30 Minutes	Crisis Counseling - Additional 30 Minutes	Crisis Counseling - Additional 30 Minutes	Requires Crisis Counseling service code. Only allowed 1 additional per appointment
		EAP	Cigna EAP	Cigna EAP	Requires prior authorization - provider must track authorization usage
Compsysch	Compsych	EAP	Compsysch EAP	Compsysch EAP	Requires prior authorization - provider must track authorization usage
Devoted	Magellan	Initial Assessment	New Client - Initial Appointment	New Client - Initial Appointment	
		Individual Couples/Family	Individual Counseling Couples/Family Counseling	Individual Counseling Couples/Family Counseling	Must be Medicare Network Provider

		Crisis Counseling Additional 30 Minutes	Crisis Counseling Crisis Counseling - Additional 30 Minutes	Crisis Counseling Crisis Counseling - Additional 30 Minutes	
EBMS	Employee Benefit Management Systems	Initial Assessment Individual Couples/Family Crisis Counseling Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	Must be Aetna Network Provider
Blue Cross Blue Shield	Florida Blue (BCBS)	Initial Assessment Individual Couples/Family Crisis Counseling Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	Out of State Plans Accepted
ENI EAP	OTHER	EAP	ENI EAP	ENI EAP	Requires prior authorization - provider must track authorization usage
Golden Rule	Golden Rule	Initial Assessment Individual Couples/Family Crisis Counseling Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	
Health Partners	HealthPartners (MN)	Initial Assessment Individual Couples/Family Crisis Counseling Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	Must be Cigna Network Provider
Humana	Humana	Initial Assessment Individual Couples/Family Crisis Counseling Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	
Magellan	Magellan	Initial Assessment Individual Couples/Family Crisis Counseling Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	
Medicare	Medicare Florida Part B	Initial Assessment Individual Couples/Family Crisis Counseling Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	

United Health Care	Optum United Health Behavioral Solutions	Initial Assessment Individual Couples/Family Crisis Counseling Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	
S and S Health	S and S Health Strategies	Initial Assessment Individual Couples/Family Crisis Counseling Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	Must be Cigna Network Provider
Tricare	Tricare East	Initial Assessment Individual Couples/Family Crisis Counseling Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	{TRICARE TELEHEALTH} New Client -Initial Appointment {TRICARE TELEHEALTH} Individual Counseling {TRICARE TELEHEALTH} Couples/Family Counseling {TRICARE TELEHEALTH} Crisis Counseling {TRICARE TELEHEALTH} Crisis Counseling - Additional 30 Minutes	
Humana Military	Tricare East	Initial Assessment Individual Couples/Family Crisis Counseling Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	{TRICARE TELEHEALTH} New Client -Initial Appointment {TRICARE TELEHEALTH} Individual Counseling {TRICARE TELEHEALTH} Couples/Family Counseling {TRICARE TELEHEALTH} Crisis Counseling {TRICARE TELEHEALTH} Crisis Counseling - Additional 30 Minutes	
UMR	UMR (UMR Wausau)	Initial Assessment Individual Couples/Family Crisis Counseling Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	
Lifeworks/Telus	OTHER	EAP	Lifeworks EAP	Lifeworks EAP	Requires prior authorization - provider must track authorization usage
OSCAR	Optum United Health Behavioral Solutions	Initial Assessment Individual Couples/Family Crisis Counseling Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	New Client - Initial Appointment Individual Counseling Couples/Family Counseling Crisis Counseling Crisis Counseling - Additional 30 Minutes	Must be Optum Network Provider
Spring Health	OTHER	EAP	Spring Health EAP	Spring Health EAP	Requires prior authorization - provider must track authorization usage
OPTUM	Optum United Health Behavioral Solutions	EAP	Optum EAP	Optum EAP	Requires prior authorization - provider must track authorization usage